

Transform-ME—App on conflict transformation

Open accessible self-learning platform on conflict transformation in Arabic

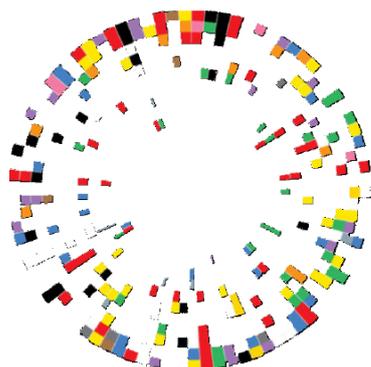
Civil society in Lebanon plays an active and important role in forming the future. In the recent years, civil society actors showed an increased interest in learning more about conflict transformation and conflict sensitive methodologies. Given the young and very internet-savvy society, a lot of mobilisation and activities of the civil society are organised, promoted and followed online.

Our approach

Training in methods of Conflict Transformation is a core element of the activities of forumZFD in Lebanon. By providing a mobile application with self-learning courses about conflict transformation, especially young Lebanese and Arabic-speakers can be reached and will learn more about concepts of conflict transformation and conflict sensitivity.

What we do

The app provides reading material and exercises on methods and techniques of Conflict Transformation. The 15 courses include: 1) The pyramid of actors of Lederach; 2) The Logframe Matrix; 3) Conflict Mapping; 4) The definition of conflict and 5) The Levels of Escalation according to Glasl; 6) Stages of group formation; 7) Conflict Transformation according to Diana Francis; 8) Non-violent communication by Rosenberg; 9) Do No Harm - Context Analysis; 10) The Value and Development Square; 11) Four-Ears Model according to Schulz von Thun; 12) The Triangle of Violence developed by Galtung; 13) The movie - Monitoring of Effects; 14) The Peace and Con-



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flict Tree and 15) The Onion (PIN) Model. Based on the courses of the Academy for Conflict Transformation of forumZFD, the Arabic and English contents were adapted. The material can be used by Arabic speaking multipliers who are active in projects of Conflict Transformation or in social movements in Arabic speaking countries. The app, a flexible tool available at all times, can be used for self-learning or as a resource for trainings.

The technical support for the app was stopped in May 2020.

Our Theories of Change

If we spread knowledge on conflict transformation within the civil society and the general public, then alternative ways for overcoming differences and accepting multiple identities will be supported. Modern technology is an adequate and important channel of communication allowing access to particularly the younger generation.

If we apply non-violent methods of conflict transformation in educational institutions in Lebanon, this will reinforce positive management of differences and lead to a society where people interact in respectful non-violent ways.

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