



In cooperation with



## You decide - El hall Bi'idak

*Raising awareness about conflict transformation and strengthening networks within civil society to build bridges between communities in conflict*

Challenging socio-economic conditions, the violent past and changing demographics have seriously affected coexistence between the different communities in Lebanon. With diverse populations living in a geographically small country with limited resources and a weak government, conflicts are bound to erupt. Reconciliation efforts remain rather limited and are mostly initiated by civil society actors.

### Our approach

“El hall Bi'idak” can be translated as “the solution is in your hands“. The idea of the project is to disseminate the concept of conflict transformation, where the solution comes from within the local context. The project aims at changing behaviours through increasing awareness about the various techniques and interventions that can be used to promote reconciliation.

### What we do

Within the framework of this project, young volunteers from different civil society organisations who work in conflict-prone communities (Lebanese, Palestinian and Syrian) are trained in practical skills and tools that foster conflict transformation and inter-communal dialogue in a holistic approach. During the workshops organised by forumZFD together with Al-Jana, the volunteers get to know the theoretical background and the practical use of methods and tools for conflict transformation in the Lebanese context. To this end, different formats such as role plays, discussions, brain-storming sessions and working groups are used. The topics discussed in the trainings in-



<b>Programme Area</b>	Capacity Development
<b>Partner Organisations</b>	ARCPA Al-Jana
<b>Duration</b>	08 / 2014 – 07 / 2015
<b>Budget (BMZ)</b>	\$ 21,514
<b>Contact Person</b>	Naji Saeed

clude:

- Conflict analysis tools
- Non-violent communication (skill-based)
- Perception and needs
- Escalation stages in conflict (Friedrich Glasl's model of conflict escalation and its practical use / implementation)
- Conflict transformation (e.g. according to Lederach)

After the workshop, the trainees are encouraged to use their newly acquired skills in their NGOs and communities with forumZFD trainers supporting them in developing their own projects. This way, non-violent conflict transformation is promoted among the various communities in Lebanon.

### Our theories of change

If we create a space to develop conflict transformation skills and practical implementation, then civil society actors will be empowered and eventually contribute to change from within the local context.

### CONTACT US

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