

In cooperation with

# An Eye not for an Eye

Handbook on non-violent communication

The young generation in Lebanon is influenced by the experiences of violence. The credibility of civil society actors supporting non-violent conflict transformation struggles amidst the increasing availability of arms and weapons. The disposition for violence is high and teachers suffer from a lack of alternatives to deal with violence in their professional daily lives within the school communities.

## Our approach

In an effort to contribute to filling this gap and furthering the culture of and the possibilities for non-violent conflict transformation in Lebanon, the project aims at sensitising the Lebanese public, particularly the young generation, for the methods and the effectiveness of non-violent communication in Lebanon.

#### What we do

Based on the feedback of the participants of a training within the NOVA project in 2014, a manual on non-violent conflict transformation was developed in cooperation with Permanent Peace Movement by forumZFD. The book includes exercises dealing with six topics:

- 1. Self-esteem: who am I and how do I treat myself?
- 2. How do I treat the other? Interact with others?
- 3. Me and the other in a conflict.
- 4. Separate emotions and needs.





<b>Programme Area</b>	Capacity Development
Partner Organisations	Permanent Peace Movement, Search for Common Ground
Duration	2014 - ongoing
Budget (BMZ)	\$ 55,000 (2017)
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- 5. Non-violent communication how effective is it?
- 6. Example of non-violent activism (abroad)

For the sixth chapter, a short movie showing examples of non-violent activism in Lebanon in the past was developed. The manual is used in the NOVA project to train teachers and students, providing them with tools for non-violent behaviour and communication. forumZFD trains NGOs and other stakeholders working with children on the manual. We are looking for NGOs embracing our approach, developing with and without us projects in the spirit of the manual. In 2016, Search for Common Ground partnered with forumZFD to adapt and use the manual's approach for working with Syrian refugees and Lebanose host communities in six communities in Lebanon. In 2017, 240 youth and children used the manual within the project Rainbow of Hope.

## Our theories of change

If we apply non-violent methods of conflict transformation in educational institutions in Lebanon, this will reinforce positive management of differences and lead to a society where people interact in respectful non-violent ways.

### **CONTACT US**



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